

# EMPLOYMENT MIND SHIFT:



## Family-Centeredness

Fulfilling employment goals can create challenges for families relative to transportation, work environment, schedules for worker and caregivers, flexibility for other desired activities, and other factors. “Start with the end in mind” and pursue customized solutions for your family!

## < Why It's Important

### Our Approach



#### Quality of Life Assessment

Our LEAQ-Y helps define areas of strength as well as points of friction.



#### Develop Flexible Schedules

Building a weekly schedule is easier when non-traditional work is some/all of the plan. Do what works for your family!



#### Evaluate and Regroup

This is not a “one-and-done” activity. There has to be a process that monitors work activities and adapts based on changing variables.

### What to Expect

- ✓ We will meet with you to discuss quality of life goals
- ✓ You will receive personalized recommendations for traditional and nontraditional work settings.
- ✓ Where needed, we will refer you to other agencies/organizations who offer great services
- ✓ Our commitment is to always do what is best for the whole family since there are many factors to consider!



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